**Indoor activity: ZUMBA**

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4 ESO B

We chose the indoor activity, zumba, because both of us like to dance. So we decided to do 4 songs, each song with each choreography and each song has different level of difficulty. These are the songs that we chose:

* CHUNKY – Bruno Mars // Easy
* Everybody - Backstreet Boys // Easy - Medium
* FIVE MORE HOURS – Chris Brown X Deorro // Medium
* G.D.F.R. ( Going Down For Real) - Flo Rida ft. Sage The Gemini & Lookas // Medium - Hard

We began the class with a little presentation of what we were going to do, we structured our students (classmates) in 4 lines of 5 persons each line for the spacing.

We repeated each song twice for the students so they can follow us.

The class lasts for 30 minutes, and it went well, because we saw that most of the students could follow us, so we’re satisfied with the results.

At the end of the class, we did another class with another group of teachers, we finished the class with Pilates.

The steps of the dances are in the video that we’re going to pass it to you with a USB because is very big the video to send it on gmail.